MSU Athletics
Student Athlete Support Services

Jennifer Smith, Deputy Athletic Director/Internal Operations, Senior Women's Administrator

Ashton Henderson, Deputy Athletic Director, Championship Resources & Culture

Todd Edwards, Executive Director, Student-Athlete Support Services
Services

• Tutorial Program

• Assistance with class scheduling

• Coordinate contact with campus

• Monitor academic progress

• Assistance with academic accommodations
Services

• Career Development/Services

• Personal Development

• Community Outreach
Issues/Challenges

• Varying Practice Times and Team Travel
  o Morning/Mid-day/Afternoon
  o In-season vs Out-of-season

• Transfer Process
  o NCAA transfer portal windows by sport
    ▪ Significantly increased activity in some teams
    ▪ Will have impact on future grad rates for some sports (FGR)
  o Compressed time for credit evaluation, major evaluation, admission and matriculation
  o Incoming transfers must still meet Progress Toward Degree requirements at new school
    ▪ (40/60/80, 6-credit/18 credit, FB and Baseball rules)
Colleges and Majors

Currently 630 students in 128 majors spread across 12 colleges (+ 5 Exploratory Preference). We also have 39 in the Honors College.

Communication Arts & Sciences – 142 (including 6 grad students)
Social Sciences – 120 (including 9 grads)
Education – 113 (including 15 grads)
Business – 103 (including 7 grads)
Natural Science - 43
Agriculture & Natural Resources – 41 (including 1 grad)
Engineering – 31 (including 1 grad)
James Madison – 9
Lyman Briggs – 9
Arts & Letters – 8
Nursing – 5
Veterinary Medicine – 1 (grad)
FS23 Academic Accomplishments

• Posted the 2nd HIGHEST ALL-TIME DEPARTMENT CUMULATIVE GPA (3.3188); all-time high is 3.3286 from Spring 2023 (all raw grades)
  ▪ Marks the 26th consecutive semester over a 3.00 cumulative GPA

• Posted the 2nd HIGHEST ALL-TIME DEPARTMENT FALL SEMESTER GPA (3.3389); all-time high is 3.3752 from pandemic-aided Fall 2020 (raw grades)

• 20 TEAMS registered both a CUMULATIVE and SEMESTER GPA of 3.0 OR BETTER

• 5 TEAMS POSTED THEIR HIGHEST ALL-TIME TEAM CUMULATIVE GPA following FS23: Field Hockey, Softball, Ice Hockey, Women's Track & Field, Men's Track & Field
  ▪ Women's Golf (3.8557!) had their 2nd ALL-TIME HIGH FOR ANY MSU SPORT (Previous high was their 3.8658 in Spring 2023)
CUMULATIVE GPA-3.3188
Medical Services

• Staffing
  o **IN HOUSE:** Athletic Trainers, Physical Therapists, Primary Care Physicians, Orthopedic Surgeons, Physician's Assistant
    ▪ Relationships with specialty care providers within the community for expedited care

• Comprehensive Model
  o Preventative Healthcare
    ▪ Annual Physical Examinations, Laboratory Testing, Influenza Immunizations, Baseline Orthopedic and Performance Testing, Baseline Concussion Testing, Postural X-ray
  o Medical Services
    ▪ Available on site: X-ray, Pharmacy, Hydration Testing, Custom Orthotic Fitting, Custom Brace Fitting
    ▪ State of the art Rehabilitation Equipment, Hydrotherapy Centers
    ▪ Multiple specialty skill certifications by AT staff including: Dry Needling, Blood Flow Restriction Therapy, Graston Technique, Osteopathic Manual Medicine, Vestibular Therapy, Corrective Exercise Techniques
## Around the Conference

- 56% of schools have 2 or more PTs
- 8% of schools have 0 PTs

*Penn State is currently searching for 2 PTs

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Athletic Training Services
Mental Health Support Services

Previous Staffing Model

Psychiatrist

Dr. Rosen  Dr. Baer  Dr. Herrera
AROUND THE CONFERENCE

Michigan State
- Currently 3 full time staff members, 1 GA, and 2 part-time psychiatrist
- Plans to hire on another CMPC this upcoming fiscal year

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Mental Health Support Services

Current Staffing Model

Ashton Henderson
Deputy AD/Championship resources

Dr. Kovan
Director of Sports Medicine and Performance

Dr. Molly McQueary
Director

Shayna Bruno
Associate Director

Doron Willis
Associate Director

Reid Davis
Grad Assistant

Psychiatrist

Dr. Rosen
Dr. Baer
Mental Health Support Services

SERVICES

- Individualized Clinical Care & Mental Performance Coaching
- Psychiatric Referrals
- Team & Group Sessions
- Coaching Education
- Emergency/Crisis Interventions
- Collaboration with Support Staff
- Intake Assessments
- Travel mental performance coaching
- Virtual Sessions
- Substance abuse & Eating disorder care

INITIATIVES

- De-Stress Fest
- Alumni STATE of Mind
- Annual Crisis Education
- New Athletes Wellness Fair
- Community Activations
- Collaboration with Montgomery Foundation
Within our first year and a half as a unit we have serviced 455+ of student athletes on an individual basis across ALL varsity sports.

Within our first year and a half as a unit we have serviced 18 TEAMS with mental performance sessions.
Mental Health Support Services

Please choose Referral Category

- Clinical Counseling: 42%
- Mandatory: 2%
- Performance Enhancement: 34%
- Consult to determine between clinical or performance: 22%
Mental Health Support Services

Referring Source

455 Responses

- Self: 42%
- Athletic Trainer: 35%
- Coach: 15%
- Other: 6%
- Teammate: 2%
- Other entries: 2%
Mental Health Support Services

To which gender does the person being referred identify?

- Female: 74%
- Male: 26%
- Questioning or Non-binary: 1%
Mental Health Support Services

School Year

- Freshmen: 53%
- Sophomore: 20%
- Junior: 28%
- Senior: 9%
Mental Health: Post-Collegiate Services

855-2SPARTY
(855-277-2789)
EMAIL: STATEOFMIND@HOPEDESK.CO

A CRISIS LIFELINE FOR MSU LETTERWINNERS
AND THEIR FAMILIES.
COMMITED TO OUR STUDENT-ATHLETES FOR LIFE.
Office of Compliance Services

Rules Education for Student-Athletes & Staff

- NCAA Legislation for Student-Athletes, Coaches and Staff
  - Over 140 meetings annually
- Interpretations of NCAA and Big Ten legislation/Consultation with Big Ten and NCAA
- Reporting of Violations and NCAA Violations
- Oversight of Transfers, Transfer Portal, Eligibility, Roster Management and Athletic Financial Aid
- Responsible for Big Ten Institutional Standards
- Audited yearly by MSU Internal Audit